



WHAT IS NUMEROLOGY? Michele Scott

The Greek philosopher and mathematician Pythagoras is credited by many as being the father of Western Numerology. Numerology is an ancient metaphysical art that uses the numbers contained within your birth date and full birth name to reveal your personality and divine your future. It forms part of the Insightful Arts, along with Tarot, Astrology and Hand Analysis, and is a profound tool for self development, self analysis and self realisation. Numerology cuts to the core of an individual, showing us their inherent personality as well as the terrain of their life's journey.

Your Numerology Profile divides into your Personality Review and your Progressive Chart. The personality component is all about YOU and your Progressive profile charts the cycles in your life.

Your Personality Review covers the following areas of your life:-

- Day of Birth – this is how you handle your Life's Path...
- Heart's Desire – this is what really drives & motivates you...
- Expression Number – this is your natural talents, skills, abilities...
- Balance Number – this is what makes you feel centred during turbulent times...
- Planes of Expression – modes of behaviour, physically, mentally, emotionally, spiritually...
- First Key – what do you need to do to get things moving forward again?
- Achievement Number – what will make you feel fulfilled?
- Spirit Initiation Number – this is what you have already achieved in past lives...
- Bridge Numbers – these show what you need to do to bridge the gaps in your-self development...

When you know better, you do better! Numerology gets you started in becoming better acquainted with yourself and building a stronger inner world. Western society spends the greater part of our lives building a strong outer world, only to realise at some late stage in our lives that this was all in vain. A rich outer life on its own does not deliver the fulfilment and desired "happily ever after" we all seek. Only a rich inner world can do that.

Your Progressive Chart on the other hand covers the following:-

- Life Path - the road you are on from birth to death...
- Pinnacle Cycles – these are four major changes in the road you are on...
- Period Cycles – are the inner changes you go through as you travel this road...
- Personal Year & Essence Cycles – show inner and outer changes from year to year...

Every cycle in our lives holds the gift of opportunity to learn, change, grow and evolve into better versions of ourselves. Your numerology profile also shows the challenges you face in the four different stages of your life, and provides at the same time what you need to do in order to overcome these obstacles and move through difficult cycles more smoothly. It is a tool that reveals your strengths, weaknesses, opportunities and threats.

How does it work? Through a series of calculations using the numbers in your birth date, and by allocating a number to each letter in your full birth name we are able to arrive at certain combinations in certain areas of your profile. In Numerology the letters 1-9 and Master Numbers 11, 22 and 33 all have a personality - characteristics, qualities and traits. Depending on the number we find in any specific area of your profile determines the likely characteristics, actions and behaviours you will express and display.

Numerology is a vibrant, exciting and addictive topic, and in learning a little you will be inspired and driven to learn so much more. Numerology is a powerful initiator for positive thinking, positive actions and positive behaviours and serves as a handy GPS unit for those needing to find or be returned to the right track in their lives. [In my next issue we discuss your Life Path.](#)

Want to learn more? Check out www.spiritual-house.com.au

Namaste,
Michele.